

Uitslagen Ouder – Kind training

Datum : 16-05-2011

Naam	40 m sprint	Balwerpen	Verspringen
Jolijn van 't Hoff	8,28 sec	6,50 m	2,20 m
Tara Koomen	9,56 sec	5,00 m	1,85 m
Anne Vilain	8,84 sec	6,50 m	2,70 m
Armand Vilain	6,28 sec	35,0 m	4,15 m
Pien Frederiks	8,91 sec	6,00 m	2,20 m
Rober Frederiks	6,93 sec		3,35 m
Jerney Mantel	9,72 sec	5,50 m	2,20 m
Bianca Mantel	7,97 sec	16,0 m	3,35 m
Fee Mok	8,16 sec	10,0 m	2,90 m
Ella Mosselman	8,11 sec	11,0 m	3,00 m
Rilana Rood	9,34 sec	6,00 m	2,40 m
Gabriella Roos	8,35 sec	10,0 m	2,55 m
Joelle Wagemaker	7,35 sec	15,0 m	3,00 m
Michel Wagemaker	6,12 sec	47,0 m	3,70 m
Annika Boogaard	8,10 sec	10,0 m	2,80 m
John Boogaard	6,37 sec	24,0 m	4,10 m
Margot Ronday	6,82 sec		3,30 m
Demi Kunne	8,19 sec	13,0 m	2,90 m
Richard Kunne	6,49 sec	57,0 m	3,60 m
Anna Manz	8,66 sec	15,0 m	2,60 m
Zoë Pennekamp	8,16 sec	15,0 m	2,70 m
Isa Rood	7,06 sec	10,0 m	2,15 m
Arjan Rood	6,72 sec	35,0 m	4,20 m
Dick Rood	6,78 sec	30,0 m	
Manon Westerlaken	9,00 sec	12,5 m	2,90 m
Kara Zwagemaker	8,09 sec	14,0 m	2,80 m
Richard Zwagemaker	6,06 sec	50,0 m	4,10 m
Guislaine Zwagemaker	9,75 sec	19,0 m	3,00 m
Lisa Oud		12,0 m	3,10 m
Ouder Lisa Oud	9,96 sec	30,0 m	2,40 m
Twan Steur	9,72 sec	5,00 m	2,00 m
Edwin Steur	7,43 sec	35,0 m	3,20 m
Stan Tool	8,21 sec	24,5 m	2,85 m
Sylvia Bos	7,56 sec	21,0 m	3,15 m
Jordi Jansen	8,84 sec	9,50 m	2,35 m
Edwin Jansen	6,56 sec	35,0 m	3,40 m
Pieter Mellema	6,40 sec	34,0 m	3,30 m
Kamal el Amrani	8,84 sec	15,5 m	2,20 m
Abdel el Amrani	6,03 sec	40,0 m	4,15 m
Yannick Jong	8,03 sec	15,5 m	2,70 m
John Jong	6,88 sec	50,0 m	3,25 m
Koen Wester	7,59 sec	16,5 m	2,70 m
Sjaak Wester	6,97 sec	30,0 m	3,10 m
Kay Ruiters	8,75 sec	11,0 m	2,80 m
Andre Ruiters	6,69 sec	34,0 m	4,30 m
Niels de Boer	7,85 sec	21,5 m	2,50 m
Michiel de Boer	6,16 sec	45,0 m	3,90 m

Dylan Boot	8,03 sec	18,0 m	2,45 m
Yoeri Dekker		12,5 m	2,50 m
Justin Hoek	9,19 sec	6,00 m	1,90 m
Jan Kager	6,28 sec	20,0 m	3,90 m
Toos Kager	8,97 sec	15,0 m	2,50 m
Pieter Karel	8,28 sec	15,5 m	3,60 m
Jan Karel	6,69 sec	26,5 m	3,50 m
Mike de Wolf	6,97 sec	20,0 m	3,60 m
Remco Timmerman	8,78 sec	13,5 m	2,85 m
Jos Timmerman	6,88 sec	36,0 m	3,10 m
Jordy Burgmeijer	8,00 sec	17,0 m	2,30 m
Kevin Burgmeijer	6,78 sec	35,0 m	3,65 m
Daan Caspari	9,06 sec	10,0 m	1,80 m
Aniska Sinnige	7,38 sec	20,0 m	3,20 m
Alet Juckers	7,81 sec	15,0 m	2,50 m
Eric Juckers	6,57 sec	28,0 m	3,95 m
Janlie Juckers	7,30 sec	9,00 m	3,30 m
Leonie Braakman	8,02 sec	13,0 m	2,90 m
Babs Braakman	6,73 sec	14,0 m	3,30 m
Madelon van 't Hoff	7,50 sec	14,0 m	3,10 m
Amy Bakker	6,37 sec	20,0 m	3,60 m
Edwin Bakker	5,74 sec	56,0 m	4,30 m
India Ligthart	7,84 sec	7,50 m	2,70 m
Peter Ligthart	7,60 sec	40,0 m	3,35 m
Amber Wiersma	7,19 sec	16,0 m	3,25 m
Roland Wiersma	6,19 sec	45,0 m	4,10 m
Marieke Veenings	9,09 sec	15,0 m	2,40 m
Isabelle Reus	7,31 sec	11,0 m	2,75 m
Anouk Bakker	7,47 sec	15,0 m	2,90 m
Anouk Koppies	7,19 sec	17,0 m	3,20 m
Mirjam Koppies	7,74 sec	19,0 m	2,60 m
Bente Reus	7,12 sec	20,0 m	3,10 m
Peter Reus	6,38 sec	37,0 m	4,00 m
Femke Sikkink	7,03 sec	15,0 m	3,40 m
Maartje van der Thiel	6,50 sec	19,0 m	3,60 m
Lotte Runia	6,96 sec	26,0 m	3,50 m
Laura Appelman	7,22 sec	14,0 m	2,90 m
Leonie Wierenga	7,04 sec	19,0 m	3,10 m
Jeanette van Tellingen	7,89 sec	17,0 m	2,90 m
Lotte Braakman	6,90 sec	25,0 m	3,25 m
Lotte van Diepen	7,13 sec	15,0 m	3,10 m
Amber Kunne	6,81 sec	15,0 m	3,05 m
Gerard Kunne	6,93 sec	35,0 m	2,85 m
Nouska Wagemaker	7,43 sec	7,50 m	

Top 5 sprint

1. Edwin Bakker	5,74 sec
2. Abdel el Amrani	6,03 sec
3. Richard Zwagemaker	6,06 sec
4. Michel Wagemaker	6,12 sec
5. Michiel de Boer	6,16 sec

Top 5 verspringen

1. Edwin Bakker	4,30 m
Andre Ruiten	4,30 m
3. Arjan Rood	4,20 m
4. Abdel el Amrani	4,15 m
Armand Vilain	4,15 m

Top 5 balwerpen

1. Richard Kunne	57,0 m
2. Edwin Bakker	56,0 m
3. Richard Zwagemaker	50,0 m
4. John Jong	50,0 m
5. Michel Wagemaker	47,0 m